

# ECLIPSE MUSINGS

*A Vedic Perspective*

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# Gratitude & Prayer

*Lord Ganapati & Our Gurus!*



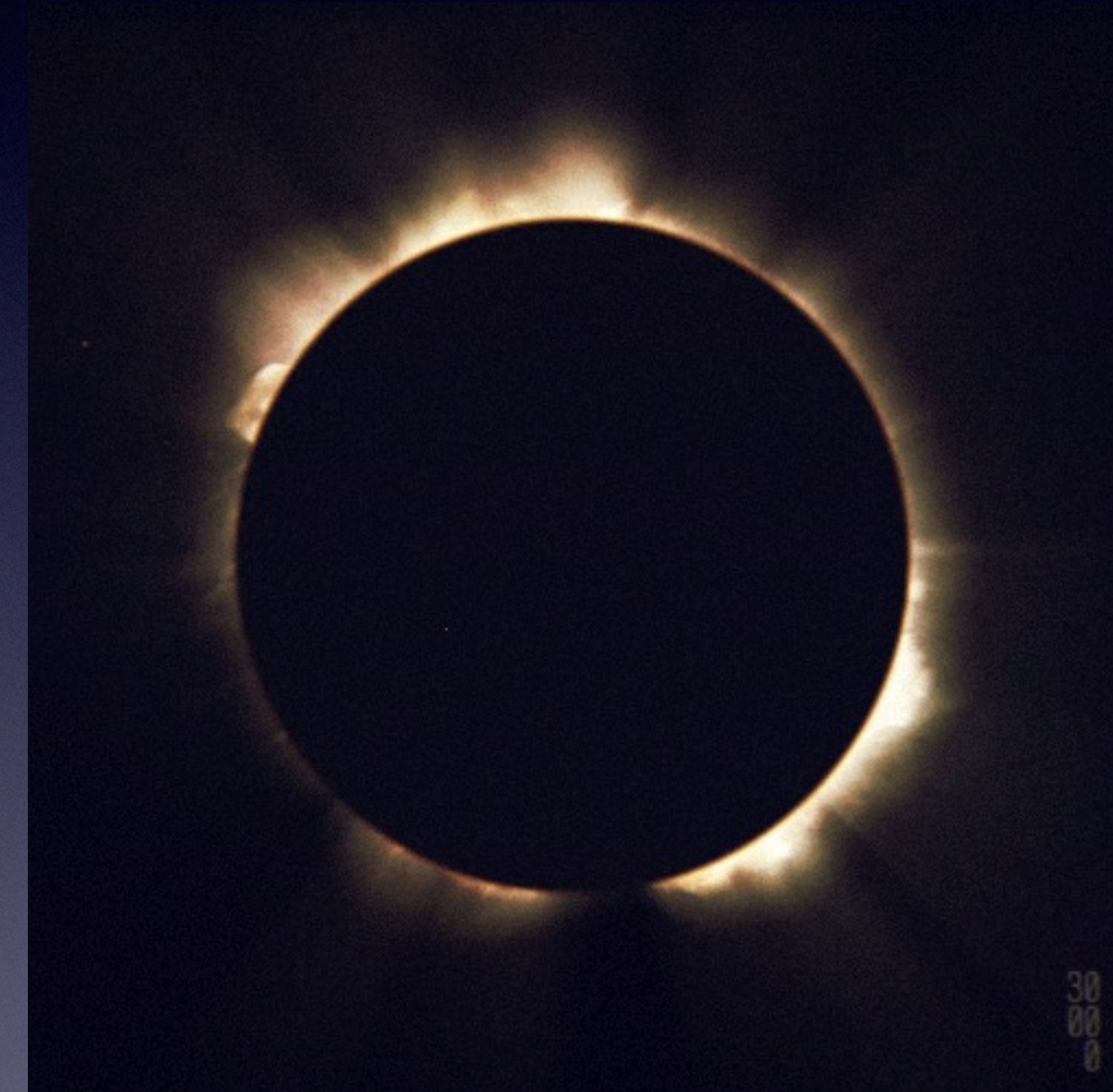
# The Lunar Nodes are called Rahu & Ketu

- The Lunar Nodes create Eclipses when they align with the Sun/Moon & Earth temporarily blocking the light of either the Sun or Moon.
- They ignite purification, crisis, enlightenment, acknowledgment, release, transformation, progress, dissolution and evolution.
- The purpose of the Lunar Nodes is to create dissatisfaction which leads to personal & collective transformation and growth.
- The nodes drive society and the collective consciousness. They illuminate FOCUS & EXAGGERATION in specific karmic fields of living globally and personally. The eclipse is intensified if it's visible where you live.



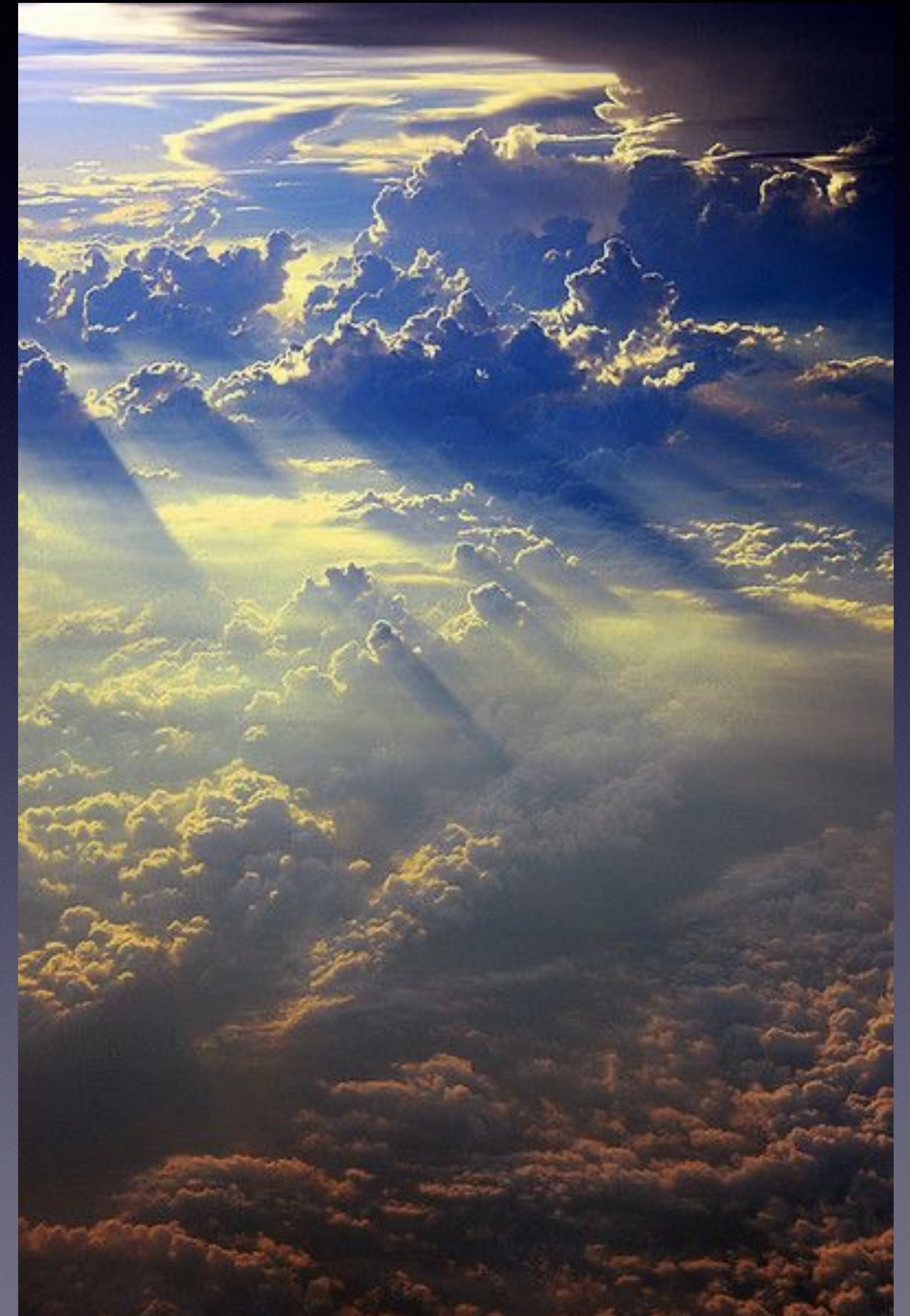
# Eclipse: The Day Rahu Swallowed the Sun

- **KEYWORDS:** Activated/Triggered, Unexpected/Surprised, Release/Growth, Change/Transformative, Purification/Healing, Hidden Secrets and Truths Revealed.
- **Eclipses** upset the natural order as day becomes night and night becomes day. Rahu/Ketu the trickster! It's as if we have a momentary lapse of consciousness- we may forget something but recover it later with new information that shifts something. Sometimes eclipses can feel like a "twilight zone" where nothing is solid or predictable.
- Eclipses create **Portals** for exponential growth, a time of rapid change internally & externally. **You** can easily commune with Cosmic Energy now. Use this time for conscious personal evolution. Spiritual & healing practices are powerful & transformative. Get readings, get help. Expect unexpected shifts & transformations. The veils between worlds are thin. Time speeds up. They behave like a pressurized subconscious download (a zip file) that takes time to unfold. Be aware of self-trickery, not wanting to see something, or deception from others. It will come to light later...not all the information is SEEN or KNOWN during the eclipse window.



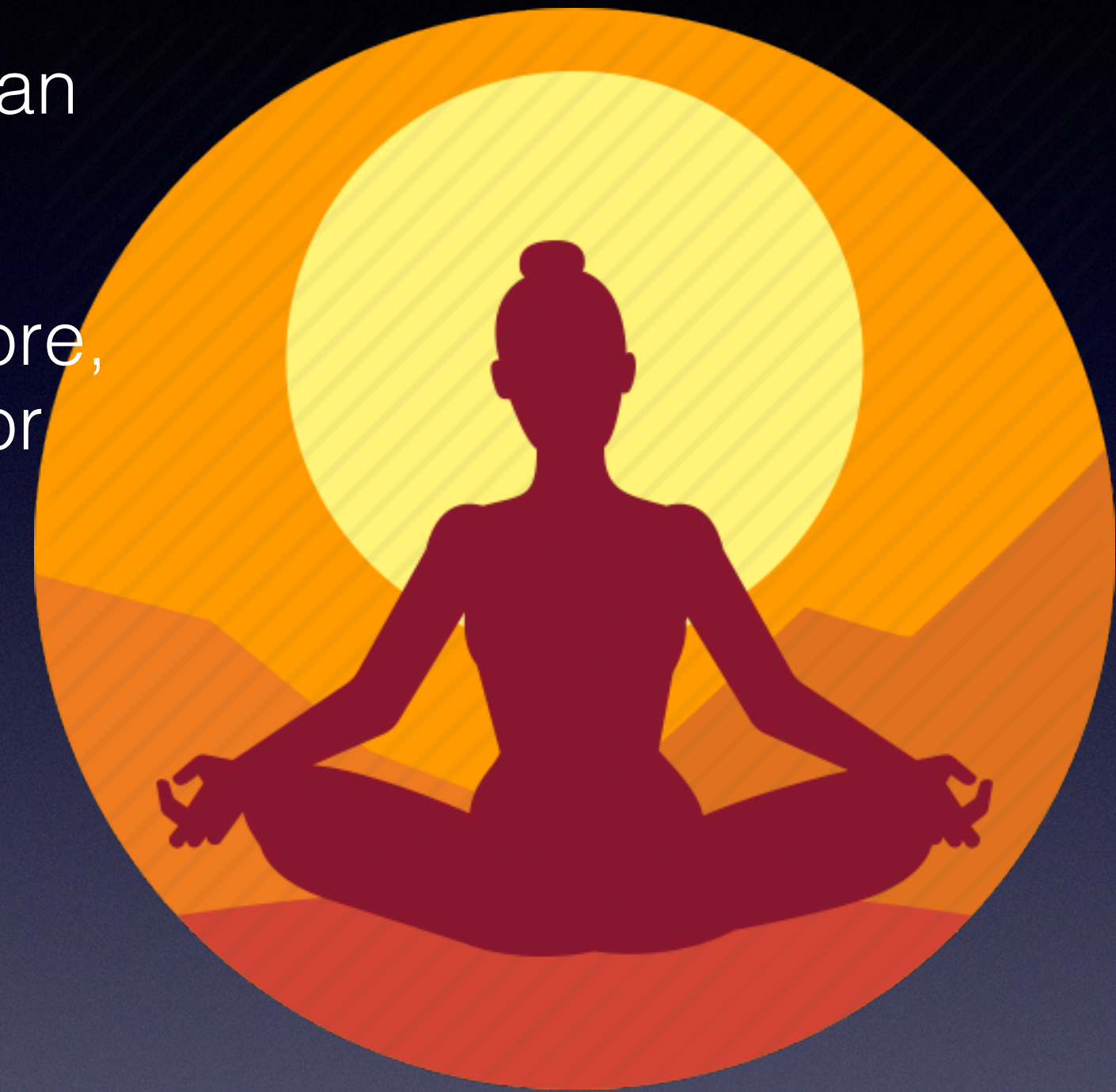
# Ayurvedic Eclipse Perspective

- According to the science of Ayurveda, the molecules in the air during the time of an eclipse are rajasic and tamasic, which are Sanskrit words for inflammatory, frantic, sticky, and heavy.
- Due to the lack of light that is being blocked by the Nodes, more bugs, viruses, germs, bacteria, and negativity can be produced. Food-borne pathogens are more prevalent and our blood platelets can become sticky, causing fatigue and mental cloudiness.
- During the 2 weeks between the solar and lunar eclipse, our immunity is challenged, we require more sleep and we should take precautions to clean our foods, homes, and our bodies more carefully. Uncertainty abounds and people can feel cranky. Eat lightly, drink green juices, and rest more.



# Do's & Dont's

- Engage in meditation, healing practices, walks in nature, chanting, take showers before and after. Food tends to spoil quickly under the influence of an eclipse. Eat fruit or fast.
- Vedic rule of thumb: 3 days / 3 hours: Observe these guidelines the day before, of & after. If possible do not go outside during exact hours (3-hour window) or look into the Sun or Moon.
- Chant Bij Mantras for the Sun and Moon "Om Suryaya Namaha" or "Om Chandraya Namah" as a remedy. (helpful if thoughts are stuck in a loop)
- Sun/Surya Remedy: Meditate during sunrise and sunset, and ask the Sun for stable consistent awareness.
- Best, if possible, to stay home, and lay low. Avoid gatherings (big and small). Do not push your agenda or make any major decisions. It's important to be in touch with what is in your own heart, and that what you believe is uplifting & positive. Good teachings that leave you feeling good. Ground yourself in a reality that is supportive & nurturing.



# Eclipse Prediction Timing

*A publication called Jyotish Surfer* advises that total eclipses may cause a lot of important events – both in the world at large and in the lives of individuals. They can precede a crisis but their effects may not be experienced for up to six months after the eclipse.

‘Eclipse may operate unfavorably in a horoscope when they fall in conjunction with or opposition to any important points such as the Sun, Moon, Malefic planets, Rahu and Ketu, and other sensitive points of the natal horoscope. On the other hand, if it falls in trine to the Sun, Moon, and sensitive points when in conjunction with benefit planets like Jupiter, Venus, or Neptune the action is favorable’.

According to Vedic Astrology, eclipses can be a terrible time to start or end projects, relationships, jobs, or any other important matters in the physical world. This is because the most beneficial beginnings are blessed with light – ideally that of a full Moon or the daytime Sun.—Colyn Boyce

# The Purpose of The Nodes

The Nodes of the Moon move through all the houses in our birth charts, bringing awareness, transformation, and evolution! If we kick back and forget our dharma and our karma, the Nodes will put us back on track. Often, they do this via adversities, wake-up calls, and uncomfortable situations so we are nudged to make the change we “wrote” for and learn the lessons about love we came to learn. Sometimes the Nodes will gift us with a wonderful surprise that we “earned” from good past karma. The Nodes can bring positivity without adversity in some cases, but they are unpredictable by nature, so trust in the divine process. All news is good news in the end. The Nodes exist for our highest and best evolution.

*“Nothing ever goes away until it has taught us what we need to know”*

~Pema Chodron





# Eclipses reflect events and emotions over the next 45 weeks...

- Generally, each year we have about two sets of eclipses, which unfold about 6 months apart.
- First, a solar eclipse (new moon) followed by a lunar eclipse (full moon).
- They usually occur in the summer and again around the holidays.
- The year 2020 had 6 eclipses, indicating a time of great transformation, healing, purification, and opportunity for spiritual growth like never before. This is the year for Light-workers all over the world to come together and bring in MORE light and hold the vibrational space for the rest of the world who may be lost in darkness. We were built for times like this.



# Eclipse Molecules

According to Vedic literature, during an eclipse, the molecules in the air are sticky and feisty, causing our blood platelets to become sticky and our immunity to be challenged, as well as secrets to bubble up on a global and personal level. Everyone becomes more sensitive approximately 7 days prior and 7 days following an eclipse. This is when we should allow ourselves to sleep longer, meditate, nap, sauna, steam, and indulge in magnesium warm oil baths, self-massage, and clean, green eating. Bless your food. Make friends with the Spirit of the ocean this month by walking along the shore, offering gratitude and love. Stay in the eye of the storm by avoiding the drama, speak sweetly, allow everyone their opinion, and walk gracefully with a little pep in your step and a song in your heart. Be the change the world needs. Forgive yourself and others for feeling anxious about all the uncertainty. Try to let it go and feel it pass through you like an ocean wave. United we stand. Divided we fall.

# The Seed & The Blossom

- SOLAR ECLIPSE (NEW MOON) SHOWS THE POTENTIAL (THE SEED)
- LUNAR ECLIPSE (FULL MOON) SHOWS THE MANIFESTATION (THE BLOSSOM)
- ASK YOUR QUESTIONS ON THE SOLAR ECLIPSE. BEFORE YOU SLEEP, BLOW YOUR QUESTION INTO A STONE OR CRYSTAL AND SLEEP WITH IT UNDER YOUR PILLOW.
- EXPECT ANSWERS ON THE LUNAR ECLIPSE. MEDITATE WITH THAT STONE OR CRYSTAL ON THE LUNAR ECLIPSE AND “LISTEN”.



# Importance of Sacred Community

Learning through personal stories and sharing as a Sangha (community) works as an Upaya. Upaya is a Sanskrit word for remedy. Your attention on the great star nations, learning the sacred science of light, sharing your story with kindred spirits and your desire to understand how the cosmos affects you and the entire world will help soften any negative effects of the eclipse and the nodes. Gather blissfully.



# Eclipse Readings

Would you like a compassionate ear and a deeper dive into your natal sidereal astrology chart and the 52-star code system to see exactly what opportunities this eclipse is offering you over the next 45 weeks? You probably already have a clue by now.

*[karynchabot.com/book](http://karynchabot.com/book)*

*“No man can reveal to you aught but that which already lies half-asleep in the dawning of your knowledge.”*

*- Kahlil Gibran*

~May all beings be happy  
May all beings be peaceful  
May all beings be free from suffering  
and live with ease



Namaste,  
Karyn

